



Proclamation

from

Senator Nicholas A. Spano

**Honoring
“Woman of Distinction”
Ann Toglia**

WHEREAS, From the women’s suffrage movement just over 150 years ago to the present day, women have played and continue to play a crucial role in adding strength, understanding, and inspiration to the diversity and quality of life of the people of the State of New York; and

WHEREAS, Ann Toglia, a breast cancer survivor, is a veracious and effective advocate for all women with breast cancer. A Westchester County native, Ms. Toglia works relentlessly to raise awareness and promote education of breast cancer throughout the country; and

WHEREAS, Motivated by her illness to embark upon a new career, Ms. Toglia became a medical exercise specialist. She focused on developing "*Staying Abreast*," a website and book, by combining the knowledge from her academic background with her personal medical experiences. The "*Staying Abreast*" program is designed to assist in the gradual healing process of patients who are recently past surgery or undergoing treatment, as well as for individuals who are well past physical healing; and

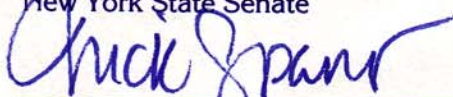
WHEREAS, Ms. Toglia is confident that "*Staying Abreast, Rehabilitation Exercises for Breast Cancer Surgery*" will raise the awareness of the medical community to emphasize the importance of prescribed rehabilitative therapy for every person undergoing breast cancer surgery and treatments. Her goal is to inspire those fighting cancer to commit to a moderate exercise schedule which will allow them to feel more a part of the fitness world, less like cancer patients, and stronger in heart, soul, body, and mind; and

WHEREAS, The New York State Senate has developed the “Women of Distinction” program to pay tribute to the outstanding record of achievements women have made throughout the Empire State; now, therefore, be it

RESOLVED, That we pause to publicly honor and commend **Ann Toglia**, upon the occasion of being named and confirmed as a “Woman of Distinction” on this, the eighth day of June in the year two thousand and four.



Senator Nicholas A. Spano
New York State Senate



Date June 8, 2004